

Tuesday, June 2, 2020

Hi Sparks Families,

The Office of School Counseling sent us some resources today to aid in talking to your children about racism, protests, and violence given the current events in our world. I know in elementary school that we have a wide array of ages and levels, so please use as you see fit for your family. I wish you all well.

Berna Oates/School Counselor

RESOURCES FOR PARENTS:

How To Talk to Your Children About Protests and Racism:

<https://www.cnn.com/2020/06/01/health/protests-racism-talk-to-children-wellness/index.html>

Talking To Kids About Race:

<https://www.nationalgeographic.com/family/in-the-news/talking-about-race>

Talking To Children About Violence:

[file:///C:/Users/boates/Downloads/Talking_to_Children_About_Violence_Infographic_FINAL%20\(1\).pdf](file:///C:/Users/boates/Downloads/Talking_to_Children_About_Violence_Infographic_FINAL%20(1).pdf)

How To Talk To Kids About Racism, Protests and Injustice:

https://www.today.com/parents/how-talk-kids-about-racism-protests-injustice-t182929?cid=sm_npd_td_tw_kh

George Floyd. Ahmaud Arbery. Breonna Taylor. What Do We Tell Our Children?

<https://www.usatoday.com/story/news/nation/2020/05/31/how-talk-kids-racism-racial-violence-police-brutality/5288065002/>

Talking With Students About Racism, Police Brutality, and Protests:

<https://www.ahaparenting.com/ask-the-doctor-1/talking-with-children-about-racism-police-brutality-and-protests>

Helping Children Cope with Frightening News:

<https://childmind.org/article/helping-children-cope-frightening-news/>

Your 5 Year Old Is Already Racially Biased. Here's What You Can Do About It:

https://medium.com/@andrew_70172/your-5-year-old-is-already-racially-biased-heres-what-you-can-do-about-it-d72de0480ba3

Teaching Tolerance Lesson Plans:

https://oneworldoneheartbeating.com/for_teachers/teaching-tolerance/

Your Kids Aren't Too Young To Talk About Race:

https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4?fbclid=IwAR0eVsRLnyxXCKfldSqPnPtu1C-BSf9sUc_DzKHYNKZ6-5WOPfCFYdMppoQ

BOOKS/VIDEO FOR KIDS (Can be found on YouTube):

Something Happened in Our Town: A Child's Story About Racial Injustice

By: Marianne Celano, Marietta Collins, and Ann Hazzard

I Am Enough By: Grace Byers

Hair Love By: Matthew Cherry

Not Quite Snow White By: Ashley Franklin

OTHER BOOKS:

Coretta Scott King Book Award Winners

<https://www.common sense media.org/lists/coretta-scott-king-book-award-winners>

Embrace Race: 31 Children's Books to Support Conversation On Race, Racism, and Resistance

<https://www.embracerace.org/resources/26-childrens-books-to-support-conversations-on-race-racism-resistance>

Books About Racism and Social Justice:

<https://www.common sense media.org/lists/books-about-racism-and-social-justice>

Looking At Skin Color with Books and Activities:

<https://www.welcomingschools.org/pages/looking-at-skin-color-with-books-and-activities/>

Talking To Kids About Racism and Justice: A List for Parents, Caregivers and Educators:

https://docs.google.com/document/d/1s0ICA3FluIVhK6DFE2d3uYCipc6ApY8Gn2rMwm6fYqw/preview?pru=AAABcppjJxY*G1XF0zZqTkK1KV5GJhT0XA